



# Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All

Week: 1

Avg. Method: Weighted

Blank cells represent missing (unknown) nutrient values.

	Calories	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories															
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Day: 1</b>																						
<b>Sum.</b>	2925	103.9	14.2	488.8	66.9	68.1	21.0	161.5	50.09	3297	1,319.37	22.08	216.85	3.37	2.97	20.51	2.04	928.17	2.82	2060.1	2577.1	24.07
<b>Var.</b>	124.6	40.9		113.8		(48.9)	21.0	(138.5)	25.09	(703)	419.37	(9.92)	141.85	2.17	1.67	4.51	0.74	528.17	0.42	760.1	1327.1	9.07
<b>% of Std.</b>	104.4	164.9		130.3		58.2		53.8	200.35	82	146.60	69.00	289.13	281.00	228.15	128.18	156.54	232.04	117.54	158.5	206.2	160.49
<b>Day: 2</b>																						
<b>Sum.</b>	2874	91.7	12.8	466.1	64.9	77.6	24.3	174.8	34.47	3242	750.91	22.70	226.63	2.45	2.70	30.56	2.12	566.08	4.03	1955.0	1895.1	27.25
<b>Var.</b>	74.3	28.7		91.1		(39.4)	24.3	(125.2)	9.47	(758)	-149.09	(9.31)	151.63	1.25	1.40	14.56	0.82	166.08	1.63	655.0	645.1	12.25
<b>% of Std.</b>	102.7	145.6		124.3		66.4		58.3	137.86	81	83.43	70.92	302.17	204.42	207.69	191.03	163.00	141.52	168.04	150.4	151.6	181.64
<b>Day: 3</b>																						
<b>Sum.</b>	2932	107.9	14.7	447.7	61.1	87.3	26.8	325.8	48.85	3310	1,777.10	27.13	261.28	2.14	2.23	27.46	2.54	557.40	2.85	1770.2	2138.2	20.01
<b>Var.</b>	131.9	44.9		72.7		(29.7)	26.8	25.8	23.85	(690)	877.10	(4.88)	186.28	0.94	0.93	11.46	1.24	157.40	0.45	470.2	888.2	5.01
<b>% of Std.</b>	104.7	171.3		119.4		74.6		108.6	195.38	83	197.46	84.77	348.38	177.92	171.62	171.60	195.31	139.35	118.71	136.2	171.1	133.39
<b>Day: 4</b>																						
<b>Sum.</b>	2837	117.5	16.6	428.8	60.4	75.5	23.9	137.5	55.19	3077	1,661.57	25.99	256.62	2.94	3.47	28.31	3.16	926.22	6.55	2107.3	2177.9	36.99
<b>Var.</b>	37.4	54.5		53.8		(41.5)	23.9	(162.5)	30.19	(923)	761.57	(6.01)	181.62	1.74	2.17	12.31	1.86	526.22	4.15	807.3	927.9	21.99
<b>% of Std.</b>	101.3	186.5		114.3		64.5		45.8	220.74	77	184.62	81.23	342.16	244.75	266.62	176.91	242.77	231.56	273.00	162.1	174.2	246.58
<b>Day: 5</b>																						
<b>Sum.</b>	2890	104.7	14.5	438.6	60.7	89.2	27.8	215.7	42.55	2426	1,181.55	24.36	294.86	2.35	2.50	25.15	1.77	517.13	2.74	1849.8	1983.1	23.35
<b>Var.</b>	89.5	41.7		63.6		(27.8)	27.8	(84.3)	17.55	(1574)	281.55	(7.64)	219.86	1.15	1.20	9.15	0.47	117.13	0.34	549.8	733.1	8.35
<b>% of Std.</b>	103.2	166.2		117.0		76.2		71.9	170.20	61	131.28	76.12	393.14	196.08	192.31	157.20	136.15	129.28	114.04	142.3	158.6	155.69
<b>Day: 6</b>																						
<b>Sum.</b>	2880	99.5	13.8	473.3	65.7	71.3	22.3	199.1	48.89	3187	1,714.82	21.79	266.33	3.23	2.60	29.69	2.45	891.29	4.66	1690.3	1728.0	33.71
<b>Var.</b>	80.1	36.5		98.3		(45.7)	22.3	(100.9)	23.89	(813)	814.82	(10.21)	191.33	2.03	1.30	13.69	1.15	491.29	2.26	390.3	478.0	18.71
<b>% of Std.</b>	102.9	157.9		126.2		60.9		66.4	195.56	80	190.54	68.10	355.11	269.50	199.85	185.53	188.46	222.82	194.08	130.0	138.2	224.70
<b>Day: 7</b>																						
<b>Sum.</b>	2863	102.2	14.3	409.1	57.2	96.0	30.2	193.8	39.12	2793	1,358.57	29.00	289.17	4.75	4.64	37.33	2.61	601.03	4.60	2030.6	2153.0	26.25
<b>Var.</b>	63.0	39.2		34.1		(21.0)	30.2	(106.2)	14.12	(1207)	458.57	(3.00)	214.17	3.55	3.34	21.33	1.31	201.03	2.20	730.6	903.0	11.25
<b>% of Std.</b>	102.3	162.3		109.1		82.1		64.6	156.48	70	150.95	90.63	385.57	396.17	357.00	233.32	201.00	150.26	191.71	156.2	172.2	175.03

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# Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All

Week: 1

Avg. Method: Weighted

Blank cells represent missing (unknown) nutrient values.

	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	Calories	(g)	% of Calories	(g)	% of Calories	(g)																% of Calories
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Avg.</b>	2886	103.9	14.4	450.3	62.4	80.7	25.2	201.2	45.59	3047	1,394.84	24.72	258.82	3.03	3.01	28.43	2.38	712.47	4.04	1923.3	2093.2	27.38
<b>Std.</b>	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Var.</b>	85.8	40.9		75.3		(36.3)	25.2	(98.8)	20.59	(953)	494.84	(7.28)	183.82	1.83	1.71	12.43	1.08	312.47	1.64	623.3	843.2	12.38
<b>% of Std.</b>	103.0	165.0		120.1		69.0		67.1	182.37	76	154.98	77.25	345.09	252.83	231.89	177.68	183.32	178.12	168.16	147.9	167.5	182.50

Amounts in red include missing (unknown) nutrient values.



# Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All

Week: 2

Avg. Method: Weighted

Blank cells represent missing (unknown) nutrient values.

	Calories	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories																
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00	
<b>Day: 1</b>																							
<b>Sum.</b>	2891	94.5	13.1	460.1	63.6	79.6	24.8	162.6	43.03	3160	824.38	24.90	244.69	2.57	2.25	24.14	1.83	662.33	2.69	1747.9	2069.9	22.24	
<b>Var.</b>	91.3	31.5		85.1		(37.4)	24.8	(137.4)	18.03	(840)	-75.62	(7.10)	169.69	1.37	0.95	8.14	0.53	262.33	0.29	447.9	819.9	7.24	
<b>% of Std.</b>	103.3	150.0		122.7		68.1		54.2	172.11	79	91.60	77.81	326.26	213.83	173.23	150.89	140.62	165.58	112.13	134.5	165.6	148.29	
<b>Day: 2</b>																							
<b>Sum.</b>	2885	111.6	15.5	489.8	67.9	57.5	17.9	258.6	51.51	3492	1,344.07	17.64	221.66	3.16	3.25	27.16	2.50	1022.89	4.14	2056.1	2358.6	31.05	
<b>Var.</b>	84.7	48.6		114.8		(59.5)	17.9	(41.4)	26.51	(508)	444.07	(14.36)	146.66	1.96	1.95	11.16	1.20	622.89	1.74	756.1	1108.6	16.05	
<b>% of Std.</b>	103.0	177.2		130.6		49.2		86.2	206.04	87	149.34	55.13	295.55	263.00	249.62	169.73	192.38	255.72	172.50	158.2	188.7	207.02	
<b>Day: 3</b>																							
<b>Sum.</b>	2805	107.4	15.3	409.8	58.4	88.4	28.3	124.0	50.78	2204	1,476.11	26.98	292.88	2.52	2.36	27.87	2.10	620.65	2.66	1541.6	1835.9	22.54	
<b>Var.</b>	5.4	44.4		34.8		(28.6)	28.3	(176.0)	25.78	(1796)	576.11	(5.02)	217.88	1.32	1.06	11.87	0.80	220.65	0.26	241.6	585.9	7.54	
<b>% of Std.</b>	100.2	170.5		109.3		75.5		41.3	203.12	55	164.01	84.32	390.51	209.92	181.15	174.19	161.85	155.16	111.00	118.6	146.9	150.23	
<b>Day: 4</b>																							
<b>Sum.</b>	2842	107.2	15.1	433.9	61.1	81.0	25.7	348.6	46.96	3726	1,105.63	26.39	237.06	2.56	2.84	24.11	2.22	842.97	4.14	2075.6	2179.8	31.39	
<b>Var.</b>	42.1	44.2		58.9		(36.0)	25.7	48.6	21.96	(274)	205.63	(5.61)	162.06	1.36	1.54	8.11	0.92	442.97	1.74	775.6	929.8	16.39	
<b>% of Std.</b>	101.5	170.2		115.7		69.3		116.2	187.85	93	122.85	82.46	316.08	213.33	218.15	150.69	170.85	210.74	172.50	159.7	174.4	209.23	
<b>Day: 5</b>																							
<b>Sum.</b>	2889	98.4	13.6	439.7	60.9	90.6	28.2	227.6	38.64	3275	913.18	26.92	252.98	2.31	2.50	29.89	2.13	411.65	2.98	1974.2	2391.5	20.52	
<b>Var.</b>	89.2	35.4		64.7		(26.4)	28.2	(72.4)	13.64	(725)	13.18	(5.09)	177.98	1.11	1.20	13.89	0.83	11.65	0.58	674.2	1141.5	5.52	
<b>% of Std.</b>	103.2	156.2		117.3		77.5		75.9	154.56	82	101.46	84.11	337.31	192.25	192.31	186.79	163.54	102.91	124.29	151.9	191.3	136.80	
<b>Day: 6</b>																							
<b>Sum.</b>	2879	89.8	12.5	459.3	63.8	77.7	24.3	192.9	35.15	3628	1,788.43	22.94	260.01	2.63	2.54	28.61	2.39	732.82	4.14	1556.6	1554.3	27.41	
<b>Var.</b>	79.5	26.8		84.3		(39.3)	24.3	(107.1)	10.15	(372)	888.43	(9.06)	185.01	1.43	1.24	12.61	1.09	332.82	1.74	256.6	304.3	12.41	
<b>% of Std.</b>	102.8	142.6		122.5		66.4		64.3	140.60	91	198.71	71.68	346.68	219.50	195.46	178.80	183.54	183.21	172.29	119.7	124.3	182.75	
<b>Day: 7</b>																							
<b>Sum.</b>	2853	102.0	14.3	411.4	57.7	95.6	30.2	91.6	49.22	2682	886.34	28.77	291.06	2.38	2.45	25.79	2.93	682.43	3.93	1346.4	1477.5	25.70	
<b>Var.</b>	53.1	39.0		36.4		(21.4)	30.2	(208.4)	24.22	(1318)	-13.66	(3.24)	216.06	1.18	1.15	9.79	1.63	282.43	1.53	46.4	227.5	10.70	
<b>% of Std.</b>	101.9	162.0		109.7		81.7		30.5	196.87	67	98.48	89.89	388.08	198.17	188.69	161.20	225.38	170.61	163.79	103.6	118.2	171.34	

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4/4/2023 1:15PM

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**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All      Week: 2      Avg. Method: Weighted      Blank cells represent missing (unknown) nutrient values.

	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	Calories	(g)	% of Calories	(g)	% of Calories	(g)																% of Calories
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Avg.</b>	2864	101.6	14.2	443.4	61.9	81.5	25.6	200.8	45.04	3167	1,191.16	24.93	257.19	2.59	2.60	26.80	2.30	710.82	3.53	1756.9	1981.1	25.84
<b>Std.</b>	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Var.</b>	63.6	38.6		68.4		(35.5)	25.6	(99.2)	20.04	(833)	291.16	(7.07)	182.19	1.39	1.30	10.80	1.00	310.82	1.13	456.9	731.1	10.84
<b>% of Std.</b>	102.0	161.2		118.2		69.7		66.9	180.17	79	132.35	77.91	342.92	215.71	199.80	167.47	176.88	177.71	146.93	135.1	158.5	172.24

Amounts in red include missing (unknown) nutrient values.



### Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All

Week: 3

Avg. Method: Weighted

Blank cells represent missing (unknown) nutrient values.

	Calories	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories																
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00	
<b>Day: 1</b>																							
<b>Sum.</b>	2808	99.9	14.2	420.7	59.9	84.6	27.1	171.8	37.12	3748	2,011.72	27.85	262.41	2.23	2.38	22.04	2.11	385.57	2.74	1933.6	2092.6	18.47	
<b>Var.</b>	8.3	36.9		45.7		(32.4)	27.1	(128.2)	12.12	(252)	1,111.72	(4.15)	187.41	1.03	1.08	6.04	0.81	(14.43)	0.34	633.6	842.6	3.47	
<b>% of Std.</b>	100.3	158.5		112.2		72.3		57.3	148.46	94	223.52	87.02	349.88	186.08	183.31	137.73	162.15	96.39	114.29	148.7	167.4	123.14	
<b>Day: 2</b>																							
<b>Sum.</b>	2921	92.2	12.6	473.6	64.9	80.6	24.8	171.0	41.42	2945	763.96	23.41	242.84	2.39	2.76	30.60	2.34	642.02	4.06	1931.0	2156.7	28.81	
<b>Var.</b>	121.3	29.2		98.6		(36.4)	24.8	(129.0)	16.42	(1055)	-136.04	(8.59)	167.84	1.19	1.46	14.60	1.04	242.02	1.66	631.0	906.7	13.81	
<b>% of Std.</b>	104.3	146.3		126.3		68.9		57.0	165.69	74	84.88	73.15	323.78	199.08	212.38	191.24	179.69	160.50	169.00	148.5	172.5	192.07	
<b>Day: 3</b>																							
<b>Sum.</b>	2806	103.5	14.8	399.4	56.9	95.6	30.7	130.3	38.67	2844	1,442.04	27.88	246.23	2.78	2.47	30.29	2.00	558.65	2.82	1426.0	1959.2	19.92	
<b>Var.</b>	6.0	40.5		24.4		(21.4)	30.7	(169.7)	13.67	(1156)	542.04	(4.12)	171.23	1.58	1.17	14.29	0.70	158.65	0.42	126.0	709.2	4.92	
<b>% of Std.</b>	100.2	164.3		106.5		81.7		43.4	154.70	71	160.23	87.13	328.30	231.75	190.08	189.33	153.69	139.66	117.29	109.7	156.7	132.81	
<b>Day: 4</b>																							
<b>Sum.</b>	2850	118.5	16.6	420.5	59.0	83.5	26.4	151.6	59.72	2817	1,113.35	27.27	274.55	2.60	3.40	28.86	3.07	906.43	6.58	1878.5	2017.4	35.92	
<b>Var.</b>	50.2	55.5		45.5		(33.5)	26.4	(148.4)	34.72	(1183)	213.35	(4.73)	199.55	1.40	2.10	12.86	1.77	506.43	4.18	578.5	767.4	20.92	
<b>% of Std.</b>	101.8	188.1		112.1		71.4		50.5	238.88	70	123.71	85.23	366.07	216.58	261.46	180.39	235.77	226.61	274.29	144.5	161.4	239.48	
<b>Day: 5</b>																							
<b>Sum.</b>	2831	106.9	15.1	431.0	60.9	80.3	25.5	256.8	41.87	3179	1,724.34	22.62	260.18	2.69	2.84	31.20	2.51	693.92	4.35	1757.0	1977.6	29.04	
<b>Var.</b>	31.0	43.9		56.0		(36.7)	25.5	(43.2)	16.87	(821)	824.34	(9.38)	185.18	1.49	1.54	15.20	1.21	293.92	1.95	457.0	727.6	14.04	
<b>% of Std.</b>	101.1	169.7		114.9		68.7		85.6	167.47	79	191.59	70.69	346.91	224.17	218.54	194.98	192.77	173.48	181.42	135.2	158.2	193.57	
<b>Day: 6</b>																							
<b>Sum.</b>	2867	104.7	14.6	455.5	63.5	77.4	24.3	199.5	52.19	2538	964.63	24.66	309.00	2.39	2.39	21.74	2.30	665.85	2.81	1979.2	2090.9	22.24	
<b>Var.</b>	66.9	41.7		80.5		(39.6)	24.3	(100.5)	27.19	(1462)	64.63	(7.34)	234.00	1.19	1.09	5.74	1.00	265.85	0.41	679.2	840.9	7.24	
<b>% of Std.</b>	102.4	166.3		121.5		66.2		66.5	208.78	63	107.18	77.07	412.00	198.92	184.08	135.87	176.77	166.46	116.88	152.2	167.3	148.29	
<b>Day: 7</b>																							
<b>Sum.</b>	2893	93.6	12.9	444.8	61.5	85.3	26.5	144.4	34.50	4502	1,119.78	22.10	227.14	2.69	2.86	32.81	2.38	629.22	4.51	1809.7	2009.1	26.91	
<b>Var.</b>	93.4	30.6		69.8		(31.7)	26.5	(155.6)	9.50	502	219.78	(9.90)	152.14	1.49	1.56	16.81	1.08	229.22	2.11	509.7	759.1	11.91	
<b>% of Std.</b>	103.3	148.5		118.6		72.9		48.1	137.98	113	124.42	69.08	302.86	224.25	220.08	205.07	182.69	157.30	188.00	139.2	160.7	179.38	

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# Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All

Week: 3

Avg. Method: Weighted

Blank cells represent missing (unknown) nutrient values.

	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	Calories	(g)	% of Calories	(g)	% of Calories	(g)																% of Calories
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Avg.</b>	2854	102.8	14.4	435.1	61.0	83.9	26.5	175.0	43.64	3225	1,305.69	25.11	260.33	2.54	2.73	28.22	2.38	640.24	3.98	1816.4	2043.4	25.90
<b>Std.</b>	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Var.</b>	53.9	39.8		60.1		(33.1)	26.5	(125.0)	18.64	(775)	405.69	(6.89)	185.33	1.34	1.43	12.22	1.08	240.24	1.58	516.4	793.4	10.90
<b>% of Std.</b>	102.0	163.1		116.0		71.7		58.3	174.57	81	145.08	78.48	347.11	211.55	209.99	176.37	183.36	160.06	165.88	139.7	163.5	172.68

Amounts in red include missing (unknown) nutrient values.



# Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All

Week: 4

Avg. Method: Weighted

Blank cells represent missing (unknown) nutrient values.

	Calories	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories																
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00	
<b>Day: 1</b>																							
<b>Sum.</b>	2905	91.4	12.6	457.8	63.0	84.8	26.3	171.6	37.22	3275	1,512.83	26.94	290.40	2.59	2.28	26.76	1.71	648.98	2.89	1817.4	1970.0	22.87	
<b>Var.</b>	104.8	28.4		82.8		(32.2)	26.3	(128.4)	12.22	(725)	612.83	(5.06)	215.40	1.39	0.98	10.76	0.41	248.98	0.49	517.4	720.0	7.87	
<b>% of Std.</b>	103.7	145.0		122.1		72.5		57.2	148.86	82	168.09	84.18	387.20	216.17	175.08	167.24	131.46	162.24	120.25	139.8	157.6	152.44	
<b>Day: 2</b>																							
<b>Sum.</b>	3023	117.4	15.5	493.6	65.3	69.7	20.8	243.4	59.20	4187	1,462.76	21.20	273.14	2.70	2.81	25.42	2.71	1034.05	4.17	2286.1	2598.4	32.44	
<b>Var.</b>	222.7	54.4		118.6		(47.3)	20.8	(56.6)	34.20	187	562.76	(10.80)	198.14	1.50	1.51	9.42	1.41	634.05	1.77	986.1	1348.4	17.44	
<b>% of Std.</b>	108.0	186.3		131.6		59.6		81.1	236.80	105	162.53	66.24	364.19	224.75	215.85	158.89	208.38	258.51	173.63	175.9	207.9	216.29	
<b>Day: 3</b>																							
<b>Sum.</b>	2852	92.3	12.9	403.0	56.5	102.7	32.4	95.6	47.91	2028	997.22	31.34	280.58	2.45	2.24	23.93	2.33	520.35	2.53	1419.8	1455.4	21.17	
<b>Var.</b>	51.7	29.3		28.0		(14.3)	32.4	(204.4)	22.91	(1972)	97.22	(0.67)	205.58	1.25	0.94	7.93	1.03	120.35	0.13	119.8	205.4	6.17	
<b>% of Std.</b>	101.8	146.5		107.5		87.8		31.9	191.64	51	110.80	97.92	374.10	203.75	172.46	149.53	179.54	130.09	105.58	109.2	116.4	141.13	
<b>Day: 4</b>																							
<b>Sum.</b>	2914	122.1	16.8	480.1	65.9	61.4	19.0	329.2	53.52	2591	1,540.59	19.14	248.84	3.38	2.93	30.60	2.39	868.80	4.16	1859.3	2036.3	35.43	
<b>Var.</b>	114.3	59.1		105.1		(55.6)	19.0	29.2	28.52	(1409)	640.59	(12.86)	173.84	2.18	1.63	14.60	1.09	468.80	1.76	559.3	786.3	20.43	
<b>% of Std.</b>	104.1	193.8		128.0		52.5		109.7	214.09	65	171.18	59.80	331.78	281.67	225.54	191.24	183.62	217.20	173.38	143.0	162.9	236.19	
<b>Day: 5</b>																							
<b>Sum.</b>	2913	104.0	14.3	445.3	61.2	84.6	26.1	279.3	45.10	2461	1,294.14	28.02	288.51	4.31	4.61	26.29	2.68	555.02	5.10	1888.0	1955.1	25.00	
<b>Var.</b>	112.5	41.0		70.3		(32.4)	26.1	(20.7)	20.10	(1539)	394.14	(3.98)	213.51	3.11	3.31	10.29	1.38	155.02	2.70	588.0	705.1	10.00	
<b>% of Std.</b>	104.0	165.1		118.8		72.3		93.1	180.41	62	143.79	87.55	384.68	359.08	354.62	164.29	206.38	138.75	212.54	145.2	156.4	166.63	
<b>Day: 6</b>																							
<b>Sum.</b>	2942	116.6	15.9	472.8	64.3	68.6	21.0	323.0	48.64	3759	842.77	21.55	273.38	2.83	2.96	30.28	2.67	860.00	4.35	1768.3	1930.0	30.63	
<b>Var.</b>	142.1	53.6		97.8		(48.4)	21.0	23.0	23.64	(241)	-57.23	(10.45)	198.38	1.63	1.66	14.28	1.37	460.00	1.95	468.3	680.0	15.63	
<b>% of Std.</b>	105.1	185.1		126.1		58.7		107.7	194.56	94	93.64	67.33	364.51	236.00	227.62	189.24	205.15	215.00	181.08	136.0	154.4	204.17	
<b>Day: 7</b>																							
<b>Sum.</b>	2937	106.7	14.5	414.7	56.5	98.2	30.1	171.2	45.14	3816	1,394.15	26.97	281.75	2.55	2.81	30.66	2.62	690.72	4.31	1835.3	2052.9	29.73	
<b>Var.</b>	136.6	43.7		39.7		(18.9)	30.1	(128.8)	20.14	(184)	494.15	(5.04)	206.75	1.35	1.51	14.66	1.32	290.72	1.91	535.3	802.9	14.73	
<b>% of Std.</b>	104.9	169.4		110.6		83.9		57.1	180.55	95	154.91	84.27	375.67	212.17	216.15	191.64	201.85	172.68	179.71	141.2	164.2	198.21	

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# Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

Period: All

Week: 4

Avg. Method: Weighted

Blank cells represent missing (unknown) nutrient values.

	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	Calories	(g)	% of Calories	(g)	% of Calories	(g)																% of Calories
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Avg.</b>	2926	107.2	14.7	452.5	61.8	81.4	25.0	230.5	48.10	3159	1,292.07	25.02	276.66	2.97	2.95	27.70	2.44	739.70	3.93	1839.2	1999.7	28.18
<b>Std.</b>	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Var.</b>	126.4	44.2		77.5		(35.6)	25.0	(69.5)	23.10	(841)	392.07	(6.98)	201.66	1.77	1.65	11.70	1.14	339.70	1.53	539.2	749.7	13.18
<b>% of Std.</b>	105.0	170.2		120.7		69.6		76.8	192.42	79	143.56	78.19	368.88	247.65	226.76	173.15	188.05	184.93	163.74	141.5	160.0	187.87

Amounts in red include missing (unknown) nutrient values.