



Cycle Menu - Weekly Nutritional Analysis

4/6/2023 3:32PM

Profit Center: NOSS - VP
Location: Downers Grove Regional Office
Service Area: NOSS Main (template only)
Menu Name: IN DOC Juvenile Fall Winter rebid 2023
Age Group: Male/Female 9-18 Years Old DRI-RDA

Period: All **Week:** 1 **Avg. Method:** Weighted **Blank cells represent missing (unknown) nutrient values.**

	Calories	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories																
Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00	
Day: 1																							
Sum.	2814	105.0	14.9	472.5	67.2	62.3	19.9	139.1	52.91	2942	1,346.25	21.94	223.48	3.72	2.81	20.35	2.36	815.10	2.79	1832.6	2237.3	23.51	
Var.	13.6	42.0		97.5		(54.7)	19.9	(160.9)	27.91	(1058)	446.25	(10.06)	148.48	2.52	1.51	4.35	1.06	415.10	0.39	532.6	987.3	8.51	
% of Std.	100.5	166.7		126.0		53.3		46.4	211.64	74	149.58	68.57	297.97	309.83	216.15	127.18	181.23	203.78	116.25	141.0	179.0	156.72	
Day: 2																							
Sum.	2886	88.6	12.3	474.8	65.8	79.7	24.9	97.5	36.85	3441	905.69	23.83	231.47	2.67	2.73	30.01	2.03	577.88	4.20	2140.9	2160.4	27.32	
Var.	86.4	25.6		99.8		(37.3)	24.9	(202.5)	11.85	(559)	5.69	(8.17)	156.47	1.47	1.43	14.01	0.73	177.88	1.80	840.9	910.4	12.32	
% of Std.	103.1	140.7		126.6		68.1		32.5	147.39	86	100.63	74.46	308.62	222.08	209.77	187.59	156.46	144.47	174.88	164.7	172.8	182.12	
Day: 3																							
Sum.	2830	115.7	16.4	429.9	60.8	77.9	24.8	440.8	47.03	2749	2,212.55	26.39	284.92	2.47	2.96	26.10	3.03	573.12	5.42	2275.6	2403.9	25.18	
Var.	29.9	52.7		54.9		(39.1)	24.8	140.8	22.03	(1251)	1,312.55	(5.61)	209.92	1.27	1.66	10.10	1.73	173.12	3.02	975.6	1153.9	10.18	
% of Std.	101.1	183.7		114.6		66.6		146.9	188.11	69	245.84	82.47	379.90	206.00	228.00	163.13	232.92	143.28	225.75	175.0	192.3	167.87	
Day: 4																							
Sum.	2861	122.0	17.1	425.2	59.5	78.0	24.5	135.2	67.43	3164	1,513.37	27.39	249.72	3.00	2.63	23.95	2.99	987.25	4.18	1848.8	1852.0	31.53	
Var.	60.5	59.0		50.2		(39.0)	24.5	(164.8)	42.43	(836)	613.37	(4.61)	174.72	1.80	1.33	7.95	1.69	587.25	1.78	548.8	602.0	16.53	
% of Std.	102.2	193.7		113.4		66.6		45.1	269.72	79	168.15	85.58	332.96	249.58	202.62	149.68	230.08	246.81	174.13	142.2	148.2	210.19	
Day: 5																							
Sum.	2915	101.3	13.9	476.6	65.4	76.7	23.7	153.4	41.72	2405	1,016.62	25.25	317.00	2.80	2.89	25.97	2.16	597.11	4.45	2142.4	2108.7	30.31	
Var.	115.4	38.3		101.6		(40.3)	23.7	(146.6)	16.72	(1595)	116.62	(6.75)	242.00	1.60	1.59	9.97	0.86	197.11	2.05	842.4	858.7	15.31	
% of Std.	104.1	160.7		127.1		65.6		51.1	166.87	60	112.96	78.92	422.67	233.25	222.00	162.29	166.00	149.28	185.33	164.8	168.7	202.09	
Day: 6																							
Sum.	2849	111.0	15.6	426.3	59.9	83.9	26.5	269.7	40.06	3051	1,302.99	23.94	240.39	3.11	2.92	32.39	2.41	711.95	4.80	1556.7	1768.4	29.09	
Var.	48.8	48.0		51.3		(33.1)	26.5	(30.3)	15.06	(949)	402.99	(8.06)	165.39	1.91	1.62	16.39	1.11	311.95	2.40	256.7	518.4	14.09	
% of Std.	101.7	176.2		113.7		71.7		89.9	160.22	76	144.78	74.80	320.51	258.92	224.23	202.46	185.00	177.99	200.00	119.7	141.5	193.91	
Day: 7																							
Sum.	2859	101.4	14.2	404.1	56.5	101.3	31.9	221.8	37.85	3683	1,709.67	30.27	270.14	5.25	5.29	35.86	2.33	611.85	4.70	2246.6	2565.8	29.41	
Var.	59.0	38.4		29.1		(15.7)	31.9	(78.2)	12.85	(317)	809.67	(1.74)	195.14	4.05	3.99	19.86	1.03	211.85	2.30	946.6	1315.8	14.41	
% of Std.	102.1	161.0		107.8		86.5		73.9	151.39	92	189.96	94.58	360.18	437.33	406.92	224.12	179.15	152.96	195.88	172.8	205.3	196.04	
Avg.	2859	106.4	14.9	444.2	62.1	80.0	25.2	208.2	46.26	3062	1,429.59	25.57	259.59	3.29	3.18	27.80	2.47	696.32	4.36	2006.3	2156.6	28.05	
Std.	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00	
Var.	59.1	43.4		69.2		(37.0)	25.2	(91.8)	21.26	(938)	529.59	(6.43)	184.59	2.09	1.88	11.80	1.17	296.32	1.96	706.3	906.6	13.05	
% of Std.	102.0	169.0		118.5		68.3		69.4	185.05	77	158.84	79.91	346.12	273.86	244.24	173.78	190.12	174.08	181.74	154.3	172.5	186.99	

Amounts in red include missing (unknown) nutrient values.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



Cycle Menu - Weekly Nutritional Analysis

4/6/2023 3:32PM

Profit Center: NOSS - VP
Location: Downers Grove Regional Office
Service Area: NOSS Main (template only)
Menu Name: IN DOC Juvenile Fall Winter rebid 2023
Age Group: Male/Female 9-18 Years Old DRI-RDA

Period: All **Week:** 2 **Avg. Method:** Weighted **Blank cells represent missing (unknown) nutrient values.**

	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	Calories	(g)	% of Calories	(g)	% of Calories	(g)																% of Calories
Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Day: 1																						
Sum.	2811	95.4	13.6	426.0	60.6	85.9	27.5	367.0	42.70	2511	1,446.60	28.31	204.94	2.10	2.23	20.61	2.05	504.88	2.76	1888.3	2063.4	19.73
Var.	10.7	32.4		51.0		(31.1)	27.5	67.0	17.70	(1489)	546.60	(3.70)	129.94	0.90	0.93	4.61	0.75	104.88	0.36	588.3	813.4	4.73
% of Std.	100.4	151.4		113.6		73.4		122.3	170.80	63	160.73	88.45	273.25	174.58	171.54	128.83	157.92	126.22	115.17	145.3	165.1	131.51
Day: 2																						
Sum.	2914	103.5	14.2	500.5	68.7	61.1	18.9	180.8	40.12	3626	1,440.09	19.12	217.11	3.59	3.35	29.51	2.29	955.11	4.29	2272.7	2537.3	31.22
Var.	113.8	40.5		125.5		(55.9)	18.9	(119.2)	15.12	(374)	540.09	(12.88)	142.11	2.39	2.05	13.51	0.99	555.11	1.89	972.7	1287.3	16.22
% of Std.	104.1	164.2		133.5		52.2		60.3	160.49	91	160.01	59.74	289.48	298.75	257.77	184.44	175.92	238.78	178.88	174.8	203.0	208.13
Day: 3																						
Sum.	2824	113.6	16.1	421.0	59.6	79.7	25.4	135.6	55.65	2678	1,539.67	24.73	262.61	2.74	2.75	27.69	2.56	888.77	4.18	1826.8	1972.9	30.30
Var.	24.2	50.6		46.0		(37.3)	25.4	(164.4)	30.65	(1322)	639.67	(7.27)	187.61	1.54	1.45	11.69	1.26	488.77	1.78	526.8	722.9	15.30
% of Std.	100.9	180.3		112.3		68.1		45.2	222.61	67	171.07	77.28	350.15	228.17	211.31	173.04	197.08	222.19	174.08	140.5	157.8	201.99
Day: 4																						
Sum.	2890	111.1	15.4	423.0	58.5	92.1	28.7	126.8	57.61	3075	1,184.54	26.80	238.54	2.66	2.70	28.19	2.70	960.67	4.17	1615.0	1801.5	31.03
Var.	90.1	48.1		48.0		(24.9)	28.7	(173.2)	32.61	(925)	284.54	(5.20)	163.54	1.46	1.40	12.19	1.40	560.67	1.77	315.0	551.5	16.03
% of Std.	103.2	176.4		112.8		78.7		42.3	230.43	77	131.62	83.74	318.05	221.67	207.54	176.21	207.92	240.17	173.58	124.2	144.1	206.89
Day: 5																						
Sum.	2834	89.5	12.6	466.9	65.9	76.3	24.2	150.4	41.54	3231	1,305.04	27.05	273.05	2.65	2.80	29.05	2.57	441.83	4.64	2170.7	2442.4	25.59
Var.	33.9	26.5		91.9		(40.7)	24.2	(149.6)	16.54	(769)	405.04	(4.95)	198.05	1.45	1.50	13.05	1.27	41.83	2.24	870.7	1192.4	10.59
% of Std.	101.2	142.0		124.5		65.2		50.1	166.16	81	145.00	84.53	364.07	220.83	215.38	181.58	198.00	110.46	193.46	167.0	195.4	170.57
Day: 6																						
Sum.	2844	105.9	14.9	443.4	62.3	73.7	23.3	283.6	44.58	3878	1,544.62	21.60	286.47	2.60	3.52	26.80	3.49	778.00	6.91	1712.9	1840.5	31.54
Var.	44.5	42.9		68.4		(43.3)	23.3	(16.4)	19.58	(122)	644.62	(10.40)	211.47	1.40	2.22	10.80	2.19	378.00	4.51	412.9	590.5	16.54
% of Std.	101.6	168.0		118.2		63.0		94.5	178.33	97	171.62	67.49	381.96	217.00	270.69	167.51	268.69	194.50	288.00	131.8	147.2	210.27
Day: 7																						
Sum.	2808	120.1	17.1	411.0	58.5	85.3	27.4	200.4	56.53	3520	667.96	27.67	270.63	3.17	2.38	21.99	2.30	820.83	3.19	1877.2	2250.0	25.58
Var.	7.9	57.1		36.0		(31.7)	27.4	(99.6)	31.53	(480)	-232.04	(4.33)	195.63	1.97	1.08	5.99	1.00	420.83	0.79	577.2	1000.0	10.58
% of Std.	100.3	190.6		109.6		72.9		66.8	226.11	88	74.22	86.48	360.84	264.42	182.77	137.45	177.00	205.21	133.08	144.4	180.0	170.55
Avg.	2846	105.6	14.8	441.7	62.1	79.2	25.0	206.4	48.39	3217	1,304.08	25.04	250.48	2.79	2.82	26.26	2.57	764.30	4.31	1909.1	2129.7	27.86
Std.	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Var.	46.4	42.6		66.7		(37.8)	25.0	(93.6)	23.39	(783)	404.08	(6.96)	175.48	1.59	1.52	10.26	1.27	364.30	1.91	609.1	879.7	12.86
% of Std.	102.0	167.6		117.8		67.7		68.8	193.56	80	144.90	78.25	333.97	232.20	216.71	164.15	197.51	191.07	179.46	146.9	170.4	185.70

Amounts in red include missing (unknown) nutrient values.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



Cycle Menu - Weekly Nutritional Analysis

4/6/2023 3:32PM

Profit Center: NOSS - VP
Location: Downers Grove Regional Office
Service Area: NOSS Main (template only)
Menu Name: IN DOC Juvenile Fall Winter rebid 2023
Age Group: Male/Female 9-18 Years Old DRI-RDA

Period: All **Week:** 3 **Avg. Method:** Weighted **Blank cells represent missing (unknown) nutrient values.**

	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	Calories	(g)	% of Calories	(g)	% of Calories	(g)																% of Calories
Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Day: 1																						
Sum.	2877	106.3	14.8	435.3	60.5	86.6	27.1	351.6	48.54	2644	1,992.68	26.29	226.91	2.55	2.80	25.62	2.26	600.90	2.60	1689.7	1937.2	21.96
Var.	77.2	43.3		60.3		(30.4)	27.1	51.6	23.54	(1356)	1,092.68	(5.71)	151.91	1.35	1.50	9.62	0.96	200.90	0.20	389.7	687.2	6.96
% of Std.	102.8	168.8		116.1		74.1		117.2	194.14	66	221.41	82.15	302.55	212.17	215.69	160.14	173.62	150.22	108.21	130.0	155.0	146.43
Day: 2																						
Sum.	2897	96.1	13.3	474.2	65.5	75.9	23.6	106.3	42.63	2842	1,273.58	23.72	220.99	2.77	3.52	32.73	2.97	665.96	6.71	2464.5	2565.0	31.53
Var.	97.3	33.1		99.2		(41.1)	23.6	(193.7)	17.63	(1158)	373.58	(8.28)	145.99	1.57	2.22	16.73	1.67	265.96	4.31	1164.5	1315.0	16.53
% of Std.	103.5	152.6		126.5		64.9		35.4	170.51	71	141.51	74.14	294.65	230.83	270.85	204.55	228.23	166.49	279.38	189.6	205.2	210.20
Day: 3																						
Sum.	2835	103.2	14.6	408.2	57.6	94.3	29.9	141.4	38.73	3584	2,403.60	32.86	184.52	2.77	2.47	26.59	1.79	510.97	2.82	1613.8	2131.2	20.40
Var.	35.5	40.2		33.2		(22.7)	29.9	(158.6)	13.73	(416)	1,503.60	0.86	109.52	1.57	1.17	10.59	0.49	110.97	0.42	313.8	881.2	5.40
% of Std.	101.3	163.7		108.9		80.6		47.1	154.92	90	267.07	102.68	246.02	230.50	190.15	166.20	137.62	127.74	117.29	124.1	170.5	136.02
Day: 4																						
Sum.	2871	109.6	15.3	427.0	59.5	87.0	27.3	139.4	60.47	2709	913.79	28.23	263.19	2.43	2.68	25.43	2.61	840.23	4.23	1653.9	1886.8	30.51
Var.	70.6	46.6		52.0		(30.0)	27.3	(160.6)	35.47	(1291)	13.79	(3.78)	188.19	1.23	1.38	9.43	1.31	440.23	1.83	353.9	636.8	15.51
% of Std.	102.5	173.9		113.9		74.4		46.5	241.90	68	101.53	88.20	350.92	202.67	206.31	158.95	200.38	210.06	176.38	127.2	150.9	203.38
Day: 5																						
Sum.	2863	96.9	13.5	463.0	64.7	75.4	23.7	222.9	42.81	3191	2,020.18	23.96	260.16	5.32	4.84	28.84	2.33	617.11	4.46	2062.0	2166.3	27.39
Var.	62.9	33.9		88.0		(41.6)	23.7	(77.1)	17.81	(809)	1,120.18	(8.04)	185.16	4.12	3.54	12.84	1.03	217.11	2.06	762.0	916.3	12.39
% of Std.	102.2	153.7		123.5		64.4		74.3	171.22	80	224.46	74.87	346.87	443.58	372.31	180.26	179.31	154.28	185.88	158.6	173.3	182.59
Day: 6																						
Sum.	2834	98.7	13.9	448.2	63.2	77.3	24.5	276.3	40.86	2214	956.19	24.30	306.96	2.70	2.73	28.90	2.18	776.67	4.56	1681.4	1419.4	31.09
Var.	34.4	35.7		73.2		(39.7)	24.5	(23.7)	15.86	(1786)	56.19	(7.70)	231.96	1.50	1.43	12.90	0.88	376.67	2.16	381.4	169.4	16.09
% of Std.	101.2	156.6		119.5		66.1		92.1	163.42	55	106.24	75.95	409.28	224.58	209.92	180.60	167.69	194.17	189.92	129.3	113.5	207.27
Day: 7																						
Sum.	2903	87.2	12.0	417.8	57.6	99.5	30.8	129.4	34.56	3294	1,343.33	24.56	298.83	2.25	2.60	28.75	2.92	442.52	4.10	1535.2	1530.7	23.47
Var.	103.2	24.2		42.8		(17.5)	30.8	(170.6)	9.56	(706)	443.33	(7.44)	223.83	1.05	1.30	12.75	1.62	42.52	1.70	235.2	280.7	8.47
% of Std.	103.7	138.4		111.4		85.0		43.1	138.24	82	149.26	76.76	398.44	187.17	200.31	179.71	224.85	110.63	171.00	118.1	122.5	156.45
Avg.	2869	99.7	13.9	439.1	61.2	85.1	26.7	195.3	44.08	2926	1,557.62	26.27	251.65	2.97	3.09	28.12	2.44	636.34	4.21	1814.4	1948.1	26.62
Std.	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Var.	68.7	36.7		64.1		(31.9)	26.7	(104.7)	19.08	(1074)	657.62	(5.73)	176.65	1.77	1.79	12.12	1.14	236.34	1.81	514.4	698.1	11.62
% of Std.	102.0	158.2		117.1		72.8		65.1	176.33	73	173.07	82.11	335.53	247.36	237.93	175.77	187.38	159.08	175.43	139.6	155.8	177.48

Amounts in red include missing (unknown) nutrient values.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



Cycle Menu - Weekly Nutritional Analysis

4/6/2023 3:32PM

Profit Center: NOSS - VP
Location: Downers Grove Regional Office
Service Area: NOSS Main (template only)
Menu Name: IN DOC Juvenile Fall Winter rebid 2023
Age Group: Male/Female 9-18 Years Old DRI-RDA

Period: All **Week:** 4 **Avg. Method:** Weighted **Blank cells represent missing (unknown) nutrient values.**

	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	Calories	(g)	% of Calories	(g)	% of Calories	(g)																% of Calories
Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Day: 1																						
Sum.	2823	96.3	13.6	440.3	62.4	80.6	25.7	171.0	41.88	2757	933.24	25.70	288.77	2.52	2.17	24.07	1.83	758.83	2.73	1684.7	1895.2	22.65
Var.	23.4	33.3		65.3		(36.4)	25.7	(129.0)	16.88	(1243)	33.24	(6.30)	213.77	1.32	0.87	8.07	0.53	358.83	0.33	384.7	645.2	7.65
% of Std.	100.8	152.9		117.4		68.9		57.0	167.53	69	103.69	80.32	385.02	209.83	166.62	150.46	140.85	189.71	113.58	129.6	151.6	150.98
Day: 2																						
Sum.	2870	98.6	13.7	459.9	64.1	79.9	25.1	137.3	37.67	2636	1,773.62	24.43	307.99	2.78	3.27	35.18	2.64	708.53	6.67	2188.8	2095.0	33.22
Var.	70.3	35.6		84.9		(37.1)	25.1	(162.7)	12.67	(1364)	873.62	(7.57)	232.99	1.58	1.97	19.18	1.34	308.53	4.27	888.8	845.0	18.22
% of Std.	102.5	156.5		122.6		68.3		45.8	150.67	66	197.07	76.33	410.65	231.58	251.31	219.89	203.15	177.13	277.96	168.4	167.6	221.45
Day: 3																						
Sum.	2860	99.7	13.9	435.0	60.8	84.2	26.5	238.5	38.68	2979	941.12	25.92	246.79	2.59	2.91	23.79	2.31	677.34	4.58	1984.3	1863.5	28.84
Var.	60.3	36.7		60.0		(32.8)	26.5	(61.5)	13.68	(1021)	41.12	(6.09)	171.79	1.39	1.61	7.79	1.01	277.34	2.18	684.3	613.5	13.84
% of Std.	102.2	158.2		116.0		72.0		79.5	154.73	74	104.57	80.98	329.05	215.67	223.62	148.71	177.92	169.33	190.75	152.6	149.1	192.28
Day: 4																						
Sum.	2816	109.3	15.5	402.3	57.2	93.0	29.7	329.0	48.11	2594	2,027.21	29.57	239.13	2.69	2.77	31.68	2.15	536.12	4.16	1603.7	1655.6	30.39
Var.	15.6	46.3		27.3		(24.0)	29.7	29.0	23.11	(1406)	1,127.21	(2.43)	164.13	1.49	1.47	15.68	0.85	136.12	1.76	303.7	405.6	15.39
% of Std.	100.6	173.4		107.3		79.5		109.7	192.45	65	225.25	92.42	318.84	224.00	212.92	198.02	165.38	134.03	173.17	123.4	132.4	202.61
Day: 5																						
Sum.	2857	98.3	13.8	467.6	65.5	71.7	22.6	227.9	51.25	3305	1,564.56	21.98	294.66	4.98	4.79	27.29	2.80	793.42	4.39	2142.9	2323.4	27.84
Var.	57.1	35.3		92.6		(45.3)	22.6	(72.1)	26.25	(695)	664.56	(10.02)	219.66	3.78	3.49	11.29	1.50	393.42	1.99	842.9	1073.4	12.84
% of Std.	102.0	156.0		124.7		61.3		76.0	205.01	83	173.84	68.69	392.88	415.25	368.15	170.57	215.23	198.35	183.04	164.8	185.9	185.61
Day: 6																						
Sum.	2820	91.4	13.0	404.6	57.4	94.2	30.1	482.8	34.82	2428	2,009.18	28.69	260.03	2.05	2.75	30.35	2.59	451.35	4.55	1621.3	1746.9	24.09
Var.	19.6	28.4		29.6		(22.8)	30.1	182.8	9.82	(1572)	1,109.18	(3.31)	185.03	0.85	1.45	14.35	1.29	51.35	2.15	321.3	496.9	9.09
% of Std.	100.7	145.0		107.9		80.5		160.9	139.27	61	223.24	89.67	346.70	170.83	211.85	189.70	198.92	112.84	189.38	124.7	139.7	160.63
Day: 7																						
Sum.	2815	111.5	15.8	411.1	58.4	84.2	26.9	183.4	41.33	3200	1,721.80	27.40	259.43	2.34	2.09	24.79	1.91	626.66	2.74	1705.7	1893.7	21.56
Var.	15.5	48.5		36.1		(32.8)	26.9	(116.6)	16.33	(800)	821.80	(4.60)	184.43	1.14	0.79	8.79	0.61	226.66	0.34	405.7	643.7	6.56
% of Std.	100.6	176.9		109.6		71.9		61.1	165.31	80	191.31	85.62	345.91	195.25	160.92	154.91	147.23	156.67	114.29	131.2	151.5	143.71
Avg.	2837	100.7	14.2	431.5	60.8	84.0	26.6	252.8	41.96	2843	1,567.25	26.24	270.97	2.85	2.96	28.17	2.32	650.32	4.26	1847.3	1924.8	26.94
Std.	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Var.	37.4	37.7		56.5		(33.0)	26.6	(47.2)	16.96	(1157)	667.25	(5.76)	195.97	1.65	1.66	12.17	1.02	250.32	1.86	547.3	674.8	11.94
% of Std.	101.0	159.9		115.1		71.8		84.3	167.85	71	174.14	82.00	361.29	237.49	227.91	176.04	178.38	162.58	177.45	142.1	154.0	179.61

Amounts in red include missing (unknown) nutrient values.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.